



Dementia Diversity

an initiative of AmbaCare Solutions CIC

www.dementiadiversity.org.uk

Role description

Voluntary post title: Dementia Buddy

The volunteer is a member of Dementia Diversity (an initiative of AmbaCare Solutions CIC), performing tasks within his/her abilities and is not used to replace staff.

Working face-to-face with people (depending on current Covid-19 restrictions)

Day/hours:

Minimum of two hours a week. Working in people's homes or at 'Mindful Moments' Community Groups in the Community

Travel is required therefore access to a mode of transport is essential – car, bicycle or public transport

Responsible to:

Ruth Chauhan Dementia/Health & Wellbeing Specialist

Role Summary

A Dementia Buddy is someone with knowledge, skills and understanding of care of people living with dementia. Volunteers will assist Dementia Diversity (an initiative of AmbaCare Solutions CIC) to deliver support and advice to people living with dementia and/or their carers. They will engage with individuals to provide information, support and motivation that will enable them to 'live better' with dementia. They will play a part in transforming the physical and emotional wellbeing of individuals through active listening, sharing experiences and signposting to appropriate sources of advice and support when necessary.

Out of pocket expenses, including mileage, will be reimbursed

Specific Duties

1. Engage with and support individuals, friends and families affected by dementia
2. Contact participants that have been allocated to them who have been identified and assessed as being able to benefit from the initiative
3. Find out about the person living with dementia to identify the kind of activities that will help to keep their mind active
4. Work with the person living with dementia and/or their family and carers to agree a plan for activities and regular visits to provide support
5. Keep a record of activities undertaken during a visit and any concerns
6. Identify any issues and signpost to useful dementia resources e.g. support groups, community services and leaflets
7. Provide details of alternative resources e.g. websites including www.dementiadiversity.org.uk,
8. There may be the opportunity to provide short term respite for a few hours e.g. if carer needs to attend hospital appointment or wants to go shopping, subject to an assessment of risk to be carried out by AmbaCare's Dementia/Health & Wellbeing Specialist or their deputy.
9. Take part in training sessions and regular supervision with AmbaCare's Dementia/Health & Wellbeing Specialist
10. Bring to the attention of AmbaCare Solutions CIC, areas of concern relating to their role, including concerns about a Befriender
11. Bring to the attention of AmbaCare Solutions CIC, areas of concern relating to Safeguarding concerns
12. Be aware of and maintain boundaries at all times.
13. Maintain confidentiality at all times
14. Adhere to AmbaCare Solutions CIC Policies and Procedures.

Please note that this task description is intended as a guide only. You may be asked to do other reasonable tasks, in agreement with yourself, if time allows

Ruth Chauhan Dementia/Health & Wellbeing Specialist July 2022

Volunteer role: Dementia Buddy

The successful candidate(s) for this role will need to demonstrate:

CRITERIA	E = Essential D = Desirable	A = Application form I = Interview	
Work / volunteer experience		A	I
Recording information	E	<input type="checkbox"/>	<input type="checkbox"/>
Previous experience in a supportive role	D	<input type="checkbox"/>	<input type="checkbox"/>
Working within a team	D	<input type="checkbox"/>	<input type="checkbox"/>
Qualifications / knowledge			
Good standard of written/spoken English	D	<input type="checkbox"/>	<input type="checkbox"/>
Knowledge and use of email/internet functions	D	<input type="checkbox"/>	<input type="checkbox"/>
Knowledge and use of Microsoft Word	D	<input type="checkbox"/>	<input type="checkbox"/>
Knowledge of web communication*	D	<input type="checkbox"/>	<input type="checkbox"/>
Knowledge of AmbaCare Solutions*	D	<input type="checkbox"/>	<input type="checkbox"/>
Knowledge of dementia and its impact *	D	<input type="checkbox"/>	<input type="checkbox"/>
Fluent in a language other than English	D	<input type="checkbox"/>	<input type="checkbox"/>
Skills and abilities			
Able to work independently	E	<input type="checkbox"/>	<input type="checkbox"/>
Willingness and ability to learn new skills	E	<input type="checkbox"/>	<input type="checkbox"/>
Genuine interest in providing support to people living with dementia	E	<input type="checkbox"/>	<input type="checkbox"/>
Exhibits very good communication skills	E	<input type="checkbox"/>	<input type="checkbox"/>
Exhibits empathy and compassion	E	<input type="checkbox"/>	<input type="checkbox"/>

*Training will be given as required.