



Role description

Voluntary post title: Dementia Pal

The volunteer is a member of Ambacare Solutions CIC, performing tasks within his/her abilities and is not used to replace staff.

Responsible to: Ruth Chauhan Health & Wellbeing Specialist

Minimum of two hours a week. Working in the community – GP Practices, local Pharmacies, Faith buildings or participant's home. Due to Covid-19 work involves communicating using technology

Day/hours: Minimum of two to four hours a week. Working at Home with some travel required.

Role Summary

A Dementia Pal is someone with knowledge, skills and understanding of care of people living with dementia. Volunteers will assist AmbaCare Solutions CIC to deliver support and advice to people living with dementia and/or their carers. They will engage with individuals to provide information, support and motivation that will enable them to 'live better' with dementia. They will play a part in transforming the physical and emotional wellbeing of individuals through active listening, sharing experiences and signposting to appropriate sources of advice and support when necessary.

They will also play a key role in raising awareness, knowledge and understanding of dementia in their community.

A minimum commitment of twelve months is required. Travel expenses will be reimbursed.

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Specific Duties

1. Contact participants that have been referred to them
2. Carry out initial review of needs relating to their current situation
3. Work with individuals to develop an action plan to address identified issues
4. Provide necessary support and signposting to information sources to address identified needs
5. Provide details of alternative resources e.g. websites, Dementia PALS (Peer Assisted Living) Community
6. Agree regular contact via preferred method e.g. web chat, telephone
7. Opportunity to provide assistance with shopping during current Covid-19
8. Post 'lock down' there will be the opportunity to provide short term respite e.g. if carer needs to attend hospital appointment
9. Take part in training sessions and regular supervision with Health & Wellbeing Specialist
10. Bring to the attention of AmbaCare Solutions CIC, areas of concern relating to its work
11. Maintain confidentiality at all times

Please note that this task description is intended as a guide only. You may be asked to do other reasonable tasks, in agreement with yourself, if time allows.

All volunteers are expected to adhere to AmbaCare Solutions CIC Policies and Procedures.

Ruth Chauhan Health & Wellbeing Specialist

Volunteer role: Dementia Buddy

The successful candidate(s) for this role will need to demonstrate: ✓

CRITERIA	E = Essential D = Desirable	Assessed: R = Registration form I = Interview	
Work / volunteer experience	R	I	
Recording information	E	✓	✓
Previous experience in a supportive role	E	✓	✓
Working within a team	D	✓	
Qualifications / knowledge			
Good standard of written/spoken English	E	✓	✓
Knowledge and use of email/internet functions	E	✓	✓
Knowledge and use of Microsoft Word	E	✓	✓
Knowledge of web communication*	D	✓	✓
Knowledge of AmbaCare Solutions*	D	✓	✓
Knowledge of dementia and its impact *	D	✓	✓
Fluent in a language other than English	D	✓	✓
Lived experience of dementia	D	✓	✓
Skills and abilities			
Methodical – ability to follow through processes	E	✓	✓
Able to work independently	E	✓	✓
Willingness and ability to learn new skills	E	✓	✓
Exhibits very good communication skills	E	✓	✓

* Training will be given as required.

Ruth Chauhan Health & Wellbeing Specialist